



READ PRAY SING



FAMILY DISCIPLESHIP BEGINS IN THE HOME

*We will not hide them from their children,
but tell to the coming generation*
THE GLORIOUS DEEDS
of the Lord, and
HIS MIGHT & THE WONDERS
HE HAS DONE.

Psalm 78:4

Scripture calls parents to pass on the gospel to their children, and one powerful way to do that is through a designated time of “Family Devotion” or “Family Worship.” While it can feel overwhelming to know where to start, the beauty is that we don’t need all the answers—just a willingness to begin and a trust in God to work through our efforts.

There are countless ways to begin family worship—tools to use and approaches to take—but we encourage families to start simple with this easy framework:

READ. PRAY. SING.

These three elements can help you discover what works best for your family as you begin, grow, and adapt along the way.

READ scripture together! Read a verse, a chapter, or section of scripture and talk about it. Think, reflect, and see how it points us to Jesus.

Questions to consider:

- What does this scripture teach me or show me about God?
- What does this scripture teach me about people, or myself?

Want to take it a step further? Consider using the H.E.A.R. method to study a passage.

H- Highlight: What stands out in this verse or passage?

E- Explain: What does this passage mean?

A- Apply: What does this verse mean for me?

R- Respond: Pray and ask God to help you with what you have learned.

PRAY Prayer is talking to God. We often make it complicated, but it really is as simple as having a conversation. Here are 2 ways you can pray with your kids if you need somewhere to start:

The WITH method:

W- Wow: Adore God for who He is & what He has done.

I- I'm Sorry: Confess sins and struggles to God.

T- Thank you: Thank God for His goodness.

H- Help: Ask God for help for self & others.

The PRAY method:

P- Praise: Acknowledge and celebrate God for who He is.

R- Repent: Confess sins to God.

A- Ask: Ask for God's help with sin or needs.

Y- Yield: Trust, submit, and allow God to lead.

SING Who doesn't love to sing! Okay some of us may actually not like this one. But something pretty amazing happens when we sing.

Scripture calls us to sing, to make a joyful noise, to sing praises to the Lord. When we sing, we can put ourselves in a posture of worship and submission. When we listen to lyrics and sing them, they often become prayers of our heart.

Singing is good. Singing also helps us memorize key truths, scripture, and even recall things we know about God.

Suggested Worship Resources:

- MH Kids YouTube Channel: Worship Playlists
- Seeds Family Worship
- Mercy Hill Worship Radio on Spotify

SO HOW DO I START?

Set realistic expectations, make a plan, pick a time, and start! Having the tools is only part of the equation. Taking time to think through expectations, a plan, and best timing is key to helping this stick.

Want to learn more about what this might look like for your family? Scan below and check out our Family Resource Page online where you'll find additional resources and a big picture view of discipleship in the home:



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